

THE STHOOL ONNECT



Vol.III d Issue 5 | October, 2019

RAMA: AWAKENING THE LIGHT WITHIN







'It is time to remove the darkness of ignorance within us and replace it with the light of hope and knowledge instead"



he special assembly, on the occasion of Diwali was conducted by the students of class V with the motive of enlightening the world to find the ray of light through day to day deeds and save the environment by killing the "Ravana" present within them who is ruining the way of celebration in today's world which is harming the environment.

Merriment and cheerfulness was felt all around as the students got into the spirit of festivity. The celebration began with invoking the blessings of Goddess Lakshmi followed by a dance performance showcasing the epic of Ramayana.

How our lifestyle is affecting the environment through amazing presentation of mime-acts was also brought into notice, audience was also sensitized of the project MAIN BHI GANDHI initiated by our school which is an accelerating step towards the environment.

At last, a pledge was taken at the end to keep working towards this motive and bring back the lost charm and sheen of celebrations and festivals by building a better environment to survive and cast more light within this Diwali.







SOLAR IS THE WAY FORWARD...

n order to promote the concept of green and clean technology in turn ensuring Sustainable Development of the planet, IIT Bombay in collaboration with the Ministry of Environment gave a fitting tribute to the Father of the Nation, on 2nd October, 2019 marking Mahatma Gandhi 150th birth anniversary. The daylong event scheduled at Indira Gandhi Stadium Complex was organised by the Ministry of New and Renewable Energy (MNRE) with Mr. Prakash Javadekar (Ministry of Environment) as the chief guest. In the group of around 5000 students in Delhi, while 1.32 lakh students across India, 75 students from our school along with three noted science faculties got their hands-on training of assembling the solar study lamp and trouble-shooting







methods.

Two Guinness world records were attempted during this workshop, as the aim of the workshop was to provide sustainability lessons to the largest number of participants at a single place and included the largest number of solar lamps lit together with 1 million students from around 60 countries becoming part of this initiative at a single moment. In addition to the event in New Delhi, similar workshops are planned to be organised in other Indian cities and also in foreign countries. The idea behind this workshop was to spread the message that solar is the way forward and students as the solar ambassadors has a critical role to play in the mitigation of the climatic changes.



Willing to Learn



Innovate & Create



Nothing is Impossible



Go ahead & Grab it!!!



Sky is the Limit



Your WINGS already exist all you have to do is FLY

PM Modi releases book titled 'Bridgital Nation'



rime Minister Narendra Modi unveiled a book titled 'Bridgital Nation'. The book has been authored by N Chandrasekaran, Chairman, Tata Sons and Roopa Purushothaman Eminent industrialist. He presented books' first copy to eminent industrialist and philanthropist Ratan Tata. The book presents a powerful vision of the future where technology and human beings co-exist in a mutually beneficial ecosystem. It stresses that instead of accepting technology as the replacement of human labour, India can use it as an aid to generate more jobs. The term 'bridgital' means that the cutting edge digital tools can act as a bridge between aspirations and achievements.

K Parasaran awarded the Most Eminent Senior Citizen Award



n the occasion of Elder's Day celebration organized by Age Care India.

K Parasaran, former Attorney General of India was honoured the "Most Eminent Senior Citizen Award". The award was presented to him by The Vice President Shri Venkaiah Naidu. K Parasaran has served as Advocate General of Tamil Nadu in 1976 and Attorney General of India under former PMs Rajiv Gandhi and Indira Gandhi. He was also bestowed with Padma Bhushan in 2003 and Padma Vibhushan in 2011.

Four Indian sites bags the UNESCO Cultural Heritage Conservation Awards





umbai's iconic 155-year-old Flora Fountain and two other heritage landmarks in the country's financial capital are among the four sites that have been chosen from India for the UNESCO Asia-Pacific Awards for Cultural Heritage Conservation. The awards were announced at a ceremony held in Penang, Malaysia, marking 20 years since its institution.

The four winners from India, include one from Ahmedabad -- Award of Distinction for Vikram Sarabhai Library, Indian Institute of Management (IIM); and three from Mumbai -- Award of Merit for Keneseth Eliyahoo Synagogue and Our Lady of Glory Church; while Honourable Mention for Flora Fountain.

India and The World

Postal Stamp on National Institute of Nutrition released



ommemorative postal stamp of the National Institute of Nutrition was released by the Ministry of Health and Family Welfare. The stamp was introduced under the India Post's scheme "Corporate My Stamp". The stamp was released during the completion of the Centenary Celebrations of National Institute of Nutrition. The theme of the celebration was "Empowering the nation through nutrition".



Kiran Uniyal sets Guinness World record



iran Unival, the wife of a Colonel of Indian Army, has created Individual Guinness World Records for The most full contact knee strikes (one leg) (female) in 3 minutes with 263 strikes and The most full contact knee strikes alternate legs in one minute with 120 strikes. The previous records were of 177 strikes and 102 in the female category, respectively. The aim behind setting up this record was to promote martial arts for girls and women's safety and self-defence. She also surpassed the existing male category record of 226 knee strikes. Unival has achieved 15 World Records, including 10 Guinness World Records in Martial Arts, Fitness, and Social Work, so far.

Switzerland Glaciers Shrink 10% in the past five years



ccording to Cryospheric commission at the Swiss Academy of Sciences' annual study on the state of glaciers, Switzerland Glaciers have lost a tenth in their volume in the past five years. The melting is the largest in the last 5 years of observation and around 20 glaciers have shown melt rates that have reached record levels. In the last 12 months, Switzerland has lost 2% of the total glacier volume despite increased snowing. More than 4,000 glaciers are to disappear from the Alps at the end of this century if greenhouse gas emissions are not controlled.

Air India becomes the 1st airline in the world to use Taxibot on A-320 aircraft



he flag carrier airline of India, Air India has become the first airline in the world to use a Taxibot on an A-320 aircraft with passengers on board. Flight Al665 (Delhi to Mumbai) was flagged off by Ashwani Lohani, Chairman and MD of Air India, and it was carried to runway using Taxibot at Terminal 3 of Indira Gandhi International Airport (IGI), New Delhi. With this initiative, it is expected that the fuel consumption will come down by 85%. It will also reduce engine wear and tear as the ignition will be turned on only when the aircraft reaches the runway.

The Nobel Prize in Literature 2019 awarded to Austrian author Peter Handke



he Swedish Academy awarded two Nobel Prizes for Literature. The Polish author Olga Tokarczuk was awarded Nobel Prize in literature for 2018, Austrian author Peter Handke for 2019.

Olga Tokarczuk, was born in 1962 in Poland's Sulechow. In 1993 with 'Podroz Iudzi Ksiegi' (The Journey of the Book-People'), Tokarczuk made her debut as a fiction writer. Olga Tokarczuk's third novel 'Prawiek i inne czasy' which came in 1996 was a breakthrough. The Austrian author Peter Handke was born in 1942 in Griffen village located in southern Austria's Karnten region. His debut novel 'Die Hornissen' was published in 1966. With the play 'Publikumsbeschimpfung' ('Offending the Audience'), Peter set his mark on the literary scene.

A new species of giant dinosaur remains were found in Thailand



esearchers found remains of Siamraptor suwati, a new species of giant meat-eating Dinosaur in the Thai province of Nakhon Ratchasima. The remains that were founded include skull, backbone, limbs and hip fossils. It belonged to four individuals of the new species. The Paleontologists have named the new species Siamraptor suwati. It was named so to honor both Thailand and Suwat Liptapanlop, a benefactor of the research. Siamraptor suwati was four times bigger than a velociraptor. The dinosaur was 26 feet long. It lived around 145 million years ago.

Rajasthan bans Pan Masala



ajasthan announced a ban on Pan Masala to mark the birth anniversary of Mahatma Gandhi. Rajasthan has taken this initiative to prevent the youth from getting addicted to tobacco products. Pan Masala mostly contains Magnesium Carbonate, Nicotine, Tobacco and flavored Supari. All these ingredients are hazardous to health. Rajasthan has become the third state to ban such products. Maharashtra and Bihar are the other two states to have banned tobacco products.

Lucknow-based School enters Guinness Book of World Records



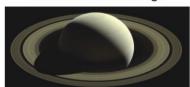
ucknow-based City Montessori School (CMS) has won the Guinness World Record for becoming the 'world's largest school' in terms of strength of students. City Montessori School (CMS) has won the global award for having largest number of students in 2019-20. At present, the CMS has 18 branches and approximately 56,000 students all over the city. CMS is a co-educational English medium private school that offers education from Pre-school up to Grade 12 level in Lucknow. It is affiliated to Council for Indian School Certificate Examinations (CISCE) and Cambridge Assessment International Education (CAIE).

Researchers develop bio-bricks from agri waste products



he researchers from IIT Hyderabad and School of Architecture, Bhubaneswar have developed bio-bricks from agricultural waste. The product serves dual purposes of development of eco-friendly sustainable material and also waste management. They help in maintaining humidity of buildings and make the house more suitable for hothumid climate. The bricks will help in building climate change resilient homes. In India as 84 to 141 million tons of agricultural wastes are burnt causing severe air pollution, these steps help in reducing these incidents.

Saturn and its entourage



stronomers have recently discovered 20 new moons around Saturn, increasing its count of natural satellites to 82. Saturn has beat Jupiter which has 79 natural satellites revolving around it. The discovery of these new moons can assist the astronomers in understanding the chaos and collisions that took place in the early solar system. These moons can also serve as the flyby targets for future missions to Saturn. These newly discovered moons are about three miles wide. They emit faint light and therefore their discovery took about 10 years.

COMPETITIONS

THE VICTORY TRUMPET

CBSE Cluster 2019

Ĭ	CNI	Campa atition	Catanani	Danisian
J	5.NO.	Competition	Category	Position
Ĭ	1	Volley Ball (under 17)	Girls	11

RENAISSANCE @ VIVEKANAND SCHOOL

S.No.	Competition	Student Name	Position	
1		ARNAV GIRI		
2	REGATTA GALA	ARUSH JINDAL	11	
3		KUJA VISHWAKARMA		
4	TINY CAMPAIGNERS	ABEERA KHAN	III	
5	TECH TYCOONS	SAMRAT SUMAN	III	
6	TALK-A-TRAIT	MARUTINANDAN	11	
7	MATHS-O-ODE	ARADHYA SAXENA	1	
8	MONOLOGUE	ANSHIKA SINHA	II	
		ANANYA PANDEY		
9	MY EARTH MY DUTY	AYUSH GUPTA	- 11	
		HADIYA		



OPEN NATIONAL VOLLEBAY TOURNAMENT

S.No.	Name	Position
1	DUSHYANT GARG	1
2	LAKSHAY TANEJA	

DISTRICT 2019

S.No.	Competition	Category	Class & Sec.	Position
1	POETRY ENGLISH	JR GIRLS	VIII A	1
2	POETRY HINDI	SR BOYS	XIB	1
3	POETRY HINDI	SR GIRLS	XIE	Ш
4	POETRY URDU	SR BOYS	IXF	1
5	POETRY URDU	JR BOYS	VIII C	1
6	POETRY SANSKRIT	JR GIRLS	VIII C	
7	DECLAMATION HINDI	SR BOYS	XIA	11
8	DECLAMATION HINDI	JR BOYS	VIID	1
9	GROUP PATRIOTIC SONG	GIRLS	_	1
10	QAWWALI	GIRLS		III
11	MONO ACTING	JR GIRLS	VIIIA	П

S.No.	Class/Sec.	Name of the Student	School Rank	Zonal Rank	International Rank	Awards - Won International / Zonal / School Award
1	IIF	GARVIT PATNI	1	74	449	School Gold Medal + Participation Certificate
2	IIG	SAMARTH SHARMA	2	167	831	School Silver Medal + Participation Certificate
3	IIF	BHUPENDER KUMAR	3	193	921	School Bronze Medal + Participation Certificate
4	III D	MARUTI NANDAN PANDEY	1	45	364	School Gold Medal + Participation Certificate
5	IIIE	VEDANT DHOUNDIYAL	2	145	784	School Silver Medal + Participation Certificate
6	III A	DHANANJAY MAMGAIN	3	147	786	School Bronze Medal + Participation Certificate
7	IV B	RISHIT RAWAT	1	18	313	Certificate of Zonal Excellence + Medal of Distinction + Certificate of Distinction
8	IVB	AVISIRARI	1	18	313	Certificate of Zonal Excellence + Medal of Distinction + Certificate of Distinction
9	IVF	SHUBH PURWAR	1	97	737	School Gold Medal + Participation Certificate
10	IVE	SIDDHARTH BISHT	2	36	445	School Gold Medal + Participation Certificate
11	IV F	NAMAN GUPTA	2	102	747	School Silver Medal + Participation Certificate
12	IVE	SOUMIL MADHWAL	3	169	1033	School Silver Medal + Participation Certificate
13	IV F	VINDHYAA GAUTAM	3	125	847	School Bronze Medal + Participation Certificate
14	IVC	RAGHAV CHANDRA	4	175	1049	School Bronze Medal + Participation Certificate
15	VC	KARTIKEYA PANT	1	21	631	Certificate of Zonal Excellence + Medal of Distinction + Certificate of Distinction
16	VF	RANVIR GUPTA	2	63	961	School Gold Medal + Participation Certificate
17	VC	HIMANSHU SONI	3	67	971	School Silver Medal + Participation Certificate
18	VB	ARNAV GIRI	4	87	1097	School Bronze Medal + Participation Certificate
19	VIA	AARUSH MISHRA	1	3	354	Rs. 500 + Zonal Bronze Medal + Certificate of Zonal Excellence
20	VIB	YASHIKA GUPTA	2	94	1259	School Gold Medal + Participation Certificate
21	VIC	MANAS BARTWAL	3	193	1745	School Silver Medal + Participation Certificate
22	VIE	RIBIKA CHATURVEDI	4	195	1753	School Bronze Medal + Participation Certificate
23	VIIB	DIVYANSH CHAUDHARY	1	21	737	Certificate of Zonal Excellence + Medal of Distinction + Certificate of Distinction
24	VIIE	AYUSH KUMAR SINGH	2	72	1209	School Gold Medal + Participation Certificate
25	VIID	ANSH SINGH	3	98	1363	School Silver Medal + Participation Certificate
26	VIID	MAYANK KUMAR	4	103	1389	School Bronze Medal + Participation Certificate
27	VIIIB	TANISHQ RAWAT	1	7	286	Gifts Worth Rs. 1000/-+ Medal of Distinction + Certificate of Distinction + Certificate of Zonal Excellen
28	VIIIC	KUSHAGRA GUPTA	2	26	567	School Gold Medal + Participation Certificate
29	VIIIB	SHARAN	3	37	735	School Silver Medal + Participation Certificate
30	VIIIC	SAMARTH SHARMA	4	57	1055	School Bronze Medal + Participation Certificate
31	IXD	KARTIK RAWAT	1	14	445	Certificate of Zonal Excellence + Medal of Distinction + Certificate of Distinction
32	IXC	PRATYUSH ANAND	2	17	460	Certificate of Zonal Excellence + Medal of Distinction + Certificate of Distinction
33	IXC	ABHIRAJ KUMAR	3	18	479	Certificate of Zonal Excellence + Medal of Distinction + Certificate of Distinction
34	IXC	ADDHYAN RAJ	4	58	821	School Gold Medal + Participation Certificate
35	IXF	DHRUVSINGH	5	72	909	School Silver Medal + Participation Certificate
36	IXE	SARTHAK SUNDRIYAL	6	87	1007	School Bronze Medal + Participation Certificate
37	XA	SHIVANSH TUTEJA	1	7	452	Gifts Worth Rs. 1000/-+ Medal of Distinction + Certificate of Distinction + Certificate of Zonal Exceller
38	XA	SOUMYASHREE BISWAL	2	15	525	Certificate of Zonal Excellence + Medal of Distinction + Certificate of Distinction
39	XB	SARTHAK SINGLA	3	19	575	Certificate of Zonal Excellence + Medal of Distinction + Certificate of Distinction
40	XA	ADITYA SHARMA	4	20	580	Certificate of Zonal Excellence + Medal of Distinction + Certificate of Distinction
41	XB	CHITRAKSHI SHARMA	5	25	647	Certificate of Zonal Excellence + Medal of Distinction + Certificate of Distinction
42	XA	RASIKA RAUTELA	6	47	830	School Gold Medal + Participation Certificate
43	XA	ADITYA BISHT	7	62	1020	School Silver Medal + Participation Certificate
44	XA	SAMIKCHA	8	78	1097	School Bronze Medal + Participation Certificate

ROLE PLAY (FREEDOM FIGHTER) CLASS - VI

S.No.	Name	Class	Position	House
1	Shorya Vats	VIA	1	Nirmaan
2	Sanskriti Aatrey	VIB	II	Pragati

CLASS - VII

S.No.	Name	Class	Position	House
1	Ishmeet Singh	VIID		Nirmaan
2	Niti Mehta	VIID	П	Pragati

CLASS - VIII

INTER HOUSE COMPETIONS

S.No.	Name	Class	Position	House
1	Ashka	VIIIB	1	Jagriti
2	Aaray Sharma	VIIIC	11	Pragati



HINDI BHASHAN PRATIYOGITA

CLASS - VI

S.No.	Name	Class	Position	House
1	Veera Pundir	VIE		Nirmaan
2	Bhavna	VIA	11	Prerna
			***	10.07

CLASS - VII

S.No.	Name	Class	Position	House
1	Aditya Kumar	VIID	1 1	Jagriti
2	Divyanshi Singh	VIID	II	Prerna

CLASS - VIII

5	S.No.	Name	Class	Position	House
1	1	Yuvani Singh	VIIIA	1	Pragati
2	2	Priyanshi Khanna	VIIIB	II II	Jagriti

ROAD SAFETY QUIZ

S.No.	Name	Class	Position	House
1	Nitya Gupta	VIF	1	Jagriti
2	Ansh Singh	VIID	1	Jagriti
3	Ayush Chandra Jha	VIII C		Jagriti



4 October, 2019 THE SCHOOL CONNECT

HOW TO PROTECT YOURSELF FROM WILDFIRE SMOKE



People in the path of wildfire smoke can take certain precautionary measures to protect their lungs from smoke pollution. Elders, children and individuals with heart or respiratory conditions in particular are advised to limit outside activities or otherwise temporarily leave the impacted area.

Children are especially sensitive to smoke pollution because their airways are still

developing and they breathe more air per pound of body weight than adults, reports the federal Centers for Disease Control and Prevention.

Steps to protect yourself and your loved ones from the dangers of wildfire smoke:

 Check local air quality reports. For real time updates on the air quality in your neighborhood, plug in your zip code at the Environmental Protection Agency's Air Now website.

Neep indoor air clean. Keep your house and car windows closed. Run an air conditioner, but keep the fresh-air intake closed to prevent outdoor smoke from getting inside. To reduce exposure to smoke and smoke residue, the California Air Resources Board recommends mechanical air cleaners with a high efficiency particulate air (HEPA) filter that collects very small particles and



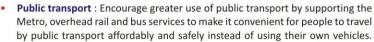
does not emit ozone or other harmful substances. These air cleaners can dramatically reduce indoor particle levels, in some cases by more than 90 percent. See devices that are certified by and legal in California here.

- In homes without air conditioning, keep doors and windows closed. This can reduce pollutant levels by 50 percent.
- Avoid activities that increase indoor pollution. Burning candles, cooking on gas stoves and vacuuming can increase indoor pollution.
- Wash your nose out and gargle with clean water. Do this five times a day until
 the smoke subsides.
- Take a shower and wash your clothing after being outside.
- Wear a respirator mask if it helps you feel better, but choose carefully. Many
 hardware stores and pharmacies sell N95 masks that filter out fine particles. But
 public safety officials caution that these masks don't work well for everyone,
 and are no substitute for spending as much time as you can indoors with sealed
 windows. The least effective options are one-strap paper dust masks or surgical
 masks that hook around your ears they don't protect against fine particles.
- Avoid bandannas, towels, or tissue. Although they may relieve dryness, they
 won't protect your lungs from wildfire smoke.

STEPS TO PREVENT POLLUTION

- Car pooling: Reduce traffic-based air pollution and congestion by starting car pool lanes for those cars and four wheelers that have three or more passengers to encourage people to go for car pooling.
- Use bicycles: Mark out bicycle lanes in residential colonies as well as on roads to encourage safe travel by

bicycles. Meanwhile, citizens should also be encouraged to use bicycles.



Citizens too must shed hang-ups over social status and try to travel by public transport proactively.

More CNG vehicles: Encourage use
 of CNG in motor vehicles as it is a
 much cleaner fuel than petrol or
 diesel by considerably reducing the
 road tax and sales tax on CNG filled
 cars as compared to petrol and diesel
 four wheelers. Since there are at least



1,400 cars added to Delhi roads every day, all the cars should be restricted to using CNG only as all new petrol cars can be converted to CNG. Also, new registrations should be discouraged by enhancing registration charges.

- Fuel-efficient cars: Encourage more fuel efficient four wheelers with better mileage per litre through road tax and sales tax incentives in addition to CNG requirement. Citizens should opt for more efficient and smaller cars that can run on CNG as alternate fuel.
- Burning waste: Burning of leaves, old tyres or any items in the open should be made a punishable offence as this is a major cause of air pollution.
- Solar power: Installation of solar panels should be encouraged at homes, multi-storey buildings and commercial establishments so that decentralised power is generated with suitable subsidies to make it financially viable for all households. The cost of solar panels has come down considerably. This should help retire all coal-based thermal power plants which are adding a lot to air pollution problems and adversely effecting climate change.
- Dump sites: Landfills should be better managed by the government to ensure there are no fires there.

Thus by following these steps we can prevent any further pollution of air.

FANCY DRESS COMPETITION

iming to combine learning with fun and to develop confidence in the little ones by giving them an opportunity to get on the stage and speak in front of an audience fancy dress competition was organized. The tiny tots of Nursery and KG came dressed in various costumes and expressed their feelings in innocent and melodious voice. The style of acting, presentation, dialogue was praiseworthy. The competition was



based on the theme 'Ek Kadam Swacchta Ki Aur' where students highlighted the importance of cleanliness .The students showcased their talent cheerfully and enthralled everybody with their endearing acts.





GANDHI JAYANTI CELEBRATION

"Peace is the most powerful weapon of mankind. It takes more courage to take a blow than to give one." – Mahatma Gandhi.







he School celebrated 150th birth anniversary of the Father of the Nation on 1st October, 2019 where students of class 3rd, 4th and 5th performed a skit by shedding light on Gandhi Ji's invaluable contribution in India's freedom struggle and how his principles of truth and non-violence are still remembered today. Class I students gave a fabulous dance performance by giving a message to join hands together to save our mother earth. Being a responsible citizen, our first step is to dispose the garbage properly. Secondly, instead of wrapping our Earth in plastic, we have to break the clutches of plastic so students also promised to abide by the Gandhian principles of Cleanliness, with the pledge to keep school, home, city clean.



THE SCHOOL CONNECT October, 2019



NANHE GEETKAR

o bring out the singing talent of the students a singing programme was organized at Bal Bhavan Public School named "Nanhe Geetkar" for classes III V on 3rd October, 2013, with great zeal, enthusiasm and patriotism.

Participants came dressed in cotton white 'kurta pyjamas' as a mark of "bapu" and the nation. Group singing and solo singing was performed by the students with the feeling of patriotism. To uphold the value of non-violence, students of





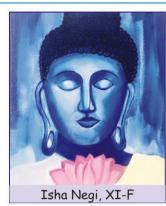
extra - curricular activity which moulds their inbuilt musical talent. School's Head Mistress Ms. Kavita Mehrotra enlightened the students about the freedom struggle and the role of Mahatma Gandhi in helping the country to win independence non-violently. It was fascinating to witness all the students put up quite magnificent performance and each one was outstanding and kept the audience enthralled.













HAPPY CLASSROOM-CAPACITY BUILDING PROGRAMME

'In a very real sense, we have two minds one that thinks and the other that feels.' - Daniel Goleman



motions play an integral role in education, affecting student motivation, attention, social functioning and ethical decision making. Enjoyment of learning motivates students to apply greater effort, whereas boredom only discourages effort. Thus, creating a safe and caring classroom which promotes positive emotions in students must always stay top priority. To discuss the above, a training programme titled Happy Classrooms was organized. The training was divided in two sessions-one for the primary wing teachers(Nur-5th) and other for middle wing teachers(VI to VIII)

The resource persons for the day were

Dr. Nadeem, Ms. Deepa and Ms. Savita

The agenda of the workshop was a discussion on understanding relation between students and teacher and how to make the bond stronger. The session was conducted using various audio visuals which kept the teachers actively engaged in the workshop. The teachers were given different situations where they were asked to state their perspectives.

The workshop was informative and enlightening as it taught the important concept of incorporating happiness and emotions in the class.

The session was successful at sharing the message that 'a happy teacher means a happy classroom'.



FELICITATION GALORE



Yash Dahiya received a Certificate and a Trophy for securing II Position in 2nd All India Boxing Championship 2019



Students receiving Trophy and Certificates for securing III Position in Interschool Volley Ball Tournament 2019 under Sub Junior category



Students receiving Trophy and Certificates for securing II Position in Interschool Volley Ball Tournament 2019 under Sub Junior category



Students receiving Trophy and Certificates & bags for securing II Position in CBSE Cluster Volley Ball under 17 girls category



Pranti Bisht (X D) receiving best player Trophy and bag in CBSE Cluster Volley Ball under 17 girls category



Students receiving Certificates of merit and Silver medal for securing II Position in Zonal Science Exhibition



Students receiving Gold medal and Certificates for securing 1st position in Zonal Science Exhibition



Vaibhav Vardhan Dwivedi (X) receiving Certificates for securing II Runner up position in Ethos, an Inter School Techno Cultural Fest



Sharanya Bisht (VIII A) receiving Certificates for securing I Position in Ethos, an Inter School Techno Cultural Fest

BBPS MUN CONFERENCE (BBMUNC) 2019

al Bhavan Model United Nations Conference was conducted on 24 October, 2019 wherein, the students of class IX to XII participated zealously.

Ms. Shikha Singh, The Vice President of Shaheed Bhagat Singh College and Ms. Manvi, The Joint Secretory of Shaheed Bhagat Singh College, Delhi University headed the conference as judges. The participants had practical learning experience. The BBMUNC bring out the best in students and promote the importance of improving communication, social skills and knowledge of





international affairs and foreign policies by providing them with a fair platform for showcasing their talents in Debating.

BBMUNC this year was themed after the 11th SDG Sustainable cities and communities to find out the ways for the reduction of plastic use in the United

This edition of BBMUNC proudly announces that the agenda for each committee had affected millions over the globe by witnessing intellectual debates and powerful solutions and resolutions.

THE SCHOOL CONNECT October, 2019

A WORKSHOP ON PLANTOLOGY AND WASTE MANAGEMENT

ir pollution in India is quite a serious issue with major sources being fuelwood and biomass burning, fuel adulteration, vehicle emission and traffic congestion. While the issue is consistent throughout the year, winters have it worse, due to large scale crop residue burning in agriculture fields which are a major source of smoke, smog and particulate pollution. While there is a lot of talk on how to curb the situation, there remains one sure shot solution- plant more trees. Bal Bhavan Public School organised a workshop to sensitize the young generation about the aftermaths of the carelessness shown by people towards the mother earth.

Ms. Radhika Anand, founder of 'Mission Fal Van" was the spoke person of the workshop. Under her ambitious project, Mission Fal-Van, Ms. Radhika Anand, has taken it upon herself to help create more green cover and oxygen for our future generations and food for all species





existing on planet Earth. She talked about her Mission "Fal Van" which is a citizen's movement towards planting more and more fruit trees across India. With the target of planting at least 50,000 fruit trees each year, since its inception in the year 2015; Mission Fal Van, a project under Plantology India, has managed to plant more than 2,07,000 saplings in less than 2 years! This workshop also made the students aware about waste management by a 13 year old environmentalist, Master Max. He emphasised on some 'easy to follow steps' to reduce waste and to promote pollution free India.

All in all it was an enlightening session for the students wherein they learned a lot about waste management techniques that can be followed at school and home both. By the end of the workshop all the students and teachers pledged to contribute in reducing waste production by promoting "Reuse and Recycle" in their daily life.

WORLD MENTAL HEALTH DAY

he school celebrated 10th October ' 2019 as World Mental Health Day.
A special assembly was organised by and for students of classes 6th to 8th to mark the special day.

The assembly included a skit, through which students were acquainted with basic sources of common mental health issues, such as stress and anxiety. The skit also talked about ways of nurturing mental health that we can incorporate in our everyday lives, such as gratitude; forgiveness; optimism; and physical exercise. Further, Surya Thakur, student of class 8th, impactfully recited a poem composed by our School Counsellor, Ms. Variddhi, emphasising the plight of a mental health patient.

The event was summed up with a small interaction between our School Counsellor, Ms. Variddhi, and the students. Students were explained the importance of talking, listening and sharing. They were also shown a video that introduced them to Laughter as a therapy for staying mentally healthy.

The event comforted our young buds with the idea of acknowledging and talking about mental health. As they say, awareness is the first step to prevention, awareness about mental health shall prevent mental health issues in our young students.







CYBER SECURITY - NEED OF THE HOUR

FOR EVERY LOCK, THERE IS SOMEONE OUT THERE TRYING TO PICK IT OR BREAK IT.

eing part of a society where every individual carries a digital identity, it becomes a necessity to acquaint our students with the dangers of Cyber Crimes. Especially in a context where keeping a safe distance from social media has become a near to impossible task, the school felt the need to develop wise cyber users who are capable enough to defend themselves against the traps of Dark Web. Thus the school organized a workshop on the theme 'CYBER SURAKSHA' mentored by Cyber Security Expert, Mr. Rakshit Tandon, Director Executive Council - Council of Information Security, President-JAT (Joint Action Team) for combating Cyber Crime against Women and Children on 11th October, 2019 for classes VI to XII.

An extremely interactive session; wherein Mr. Tandon helped the students introspect upon the very initial stages of falling prey to a cyber-





criminal and pondered upon the general tendencies within teenagers with regard to the usage of the digital world. Through an interactive PPT Presentation Mr. Tandon helped the students to take a snapshot of various cyber-crimes and the innovative traps these criminals adopt in order to con teenagers around. A constant conversation with the students helped the students realize the common mistakes they make while staying active on their created digital footprints resulting in severe threat to their lives and career.

The session helped the students to realize that their silent mouths and talking fingers are not only a threat to their health but to their intellectual growth as well. Growing death rates due to excessive usage of social media was yet another concern in the workshop. Thus the students were able to realize the safety tricks and possible precautions which they must take in order to protect themselves.

Understanding Careers: A Guide for Students



This column is initiated to aware our students about the various conventional and unconventional career options available to them after +2. If u want us to discuss a career of your choice, or if you are curious to know more about the career option discussed in this edition, please feel free to contact the school counsellor or email us.

FASHION DESIGNING

Fashion design is the art of applying design, aesthetics and natural beauty to clothing and its accessories. It is influenced by cultural and social attitudes, and has varied over time and place. Fashion designers work in a number of ways in designing clothing and accessories such as bracelets and necklaces.

ELIGIBILITY

The minimum eligibility needed for applying to the course is the completion of the 10+2 level of education from a recognized educational Board, in any discipline, and with a minimum aggregate score of 50%.

COURSES AND DURATION

Under Graduate (UG) Degree

B. Design Fashion Design (4 Years)

Post Graduate (PG) Degree

- M. Design Fashion Design (2 Years) **Diploma**
- Diploma in Fashion Design (1 Year)

INSTITUTES

- Pearl Academy (Noida)
- Institute of Apparel Management (Gurgaon)

SKILLS AND PERSONAL QUALITIES

Fashion/clothing designers need:

- to be creative
- the ability to visualise things in three dimensions
- technical skills in areas such as pattern cutting, grading and garment construction
- to be able to draw, either by hand or on the computer
- the ability to meet deadlines and work within a budget
- business skills and commercial awareness, particularly if they are self-employed
- to keep ahead of trends in colour, fabric and style

- B. Design Fashion Communication (4 Years) • B.Sc. Fashion Design (3 Years)
- M. Design Fashion Communication (2 Years)
- Diploma in Fashion Communication (1 Year)
- Pearl Academy (New Delhi)
- Amity University (Noida)
- National Institute Of Fashion Technology (Delhi)
- an eye for colour, texture and pattern
- - good communication skills to explain their ideas clearly and persuasively
 - good negotiation skills when selling their own designs
 - - strong organisational skills.



THE HORRIBLE NIGHT

Once upon a time, I was a small child. In the moonlight. My sister took me for a walk.

I was following her, Behind her i heard a krr.. I look behind, With feary eyes. We sit under the peepal tree.

The bats were moving free.

My sister had a break I wait for some time She do not come till, I was there still. When I look a man behind

That night was a horrible

night

- Harshita Sahu (VI-A)



THE VALUE OF HELPING

One day I was coming from my home There was a huge bundle of loam The loam was coming with air I say the air how you dare The air was also very dusty I was also feeling thirsty It was also very cold I had a blanket that is holed

Then I saw a dog on the bench He had teeths with sharp edge I gave my blanket to him Because it was a scrim Now I am feeling very hungry I was also feeling very angry

I take the dog to my home But sometime he make my home untidy by playing with loam He then became my pet And he always sleeps on my bed I was very happy with my dog I always play with him with a log

Next day I met a man He had a Pepsi can He had also a child Who likes the animals that are wild The child had a pencil of dome While eating he looks like a clone He was very shy When I look at him he looks to sky But when I talked to him

He became a friend of me

It's good he is my friend And I am a good helping friend

He and me live and play together I always keep guiding him like elder brother Sometimes we make puppets & clone Never let him feel alone

- Piyush Parida(VI-A)

The Counselor's Corner

CONQUERING FEAR

All of us experience fear at some time or another and if we didn't we'd be oblivious to danger so it's nothing that should cause us to feel weak. However, many people develop such an innate sense of fear that it begins to have a detrimental impact upon almost all aspects of their

Fear can come to us in many different ways. It can manifest itself in us telling ourselves that "I can't do this" or "I'm hopeless at doing that" or it may arise from reading or seeing bad news, for example, a violent crime may have been committed not far from where you live and you end up paralysed by fear that the same thing is going to happen to you.

Fear can often arise when we're put into a situation we're not familiar with or we're asked to meet with people whom we have never met before. Therefore, even though there may not be any inherent danger, we're still frightened by something which takes us out of our comfort

How can Fear be conquered?

Fear is only present when you allow your mind to think negative thoughts. If you spend time harbouring only positive thoughts about the kinds of things you want out of life and you instil a sense of your own confidence and a positive outlook on life within yourself, then negative thoughts such as fear cannot take hold.

Action gets rid of fear. By not being active, you shall keep pondering over fear which, ultimately, will paralyse you and cause you to fail. Life is all about taking risks occasionally and



Ms. Variddhi Gupta, Counselor

you should approach any new experience or challenge with courage and a determination to succeed. You may not succeed all the time but having a healthy attitude to success and realising that sometimes you'll make mistakes along the way, then any failures you have can simply be viewed as an attempt that has not quite worked out but which you can learn from to ultimately reach your goal.

You should not be attempting to make yourself fearless however. As mentioned previously, we must all have the ability to feel an element of fear to enable us to assess dangers realistically. Don't make excuses or put off doing something. If, for example, you feel uncomfortable walking into a crowded room full of strangers, don't put off doing it. Consider the reality of the situation you are faced with and ask yourself just how 'frightening' it really is. When you rationalise situations like that, you'll soon come to the realisation that there is nothing contained within the situation that's dangerous or can actually harm you. Once you accept this, face that situation time and time again until you'll become so used to it (you may even get bored of it) that any fearful thoughts you once held about it will have diminished completely.

Prison of Self Doubt

If you let fear get the better of you, you'll end up being locked within a prison of self doubt and this will have a negative impact upon your ability to grow in life and to try out new experiences.

The important thing to remember is that although some events in life are naturally met by a feeling of fear, for example, being cornered by a large wild animal or you're about to parachute out of a plane at 20,000 feet for the first time ever, much of our feelings of fear are imaginary and an overreaction to situations in life which we are faced with and your imagination can always be changed into a positive outlook on life.

> - All the best - Ms. Variddhi Gupta **School Counselor**

ANTIFIRE CAMPAIGN

"Youth constitute an important section of our society. They are the biggest reservoir of human resources and are the future of our country. Their development has direct effect on the development of the nation". Our young minds took upon their shoulders to educate the masses about the ill effects of burning crackers and actively participated in Anti-Fire Cracker Rally along with a meaningful Street Play. Street play taught its neighbourhood how hazardous bursting crackers would be, not only for humans but every creature mother nature.

The Air that we breathe today is full of toxic and hazardous pollutants. Pollution in the environment has made mother Earth lose her beauty and biodiversity. People face a variety of risks to their health in day to day lives. The





ambient Air quality of Delhi needs to be improved. Keeping this in mind our school also organized a Slogan Writing competition for the classes VI to VIII on the Topic reduce air pollution. All the participants came up with innovative ideas. They all participated in the competition with great zeal and enthusiasm. In addition to this, one of our young Balbhawanites interviewed a personality, Dr. Vipin Rai Sood to aware the masses about the ill and after effects of bursting crackers.

Diwali celebration was complete when our young dramatists of class V performed remarkably in the school with full fervour with the theme Rama: The Awakening of Light Within. They depicted that the victory of light over darkness, knowledge over ignorance, good over





evil, and hope over despair will always be witnessed by all of us until we stand up and pull out the Ravana within us. This truly enriched all of us with the knowledge by an immense number of facts.





THE WEIGHT OF THE GLASS

nce upon a time a psychology professor walked around on a stage while teaching stress management principles to an auditorium filled with students. As she raised a glass of water, everyone expected they'd be asked the typical "glass half empty or glass half full" question. Instead, with a smile on her face, the professor asked, "How heavy is this glass of water I'm holding?"

Students shouted out answers ranging from eight ounces to a couple pounds.

She replied, "From my perspective, the absolute weight of this glass doesn't matter. It all depends on how long I hold it. If I hold it for a minute or two, it's fairly light. If I hold it for an hour straight, its weight might make my arm ache a little. If I hold it for a day straight, my arm will likely cramp up and feel completely numb and paralyzed, forcing me to drop the glass to the floor. In each case, the weight of the glass doesn't change, but the longer I hold it, the heavier it feels to me."

As the class shook their heads in agreement, she continued, "Your stresses and worries in life are very much like this glass of water. Think about them for a while and nothing happens. Think about them a bit longer and you begin to ache a little. Think about them all day long, and you will feel completely numb and paralyzed incapable of doing anything else until you drop them."

The moral: It's important to remember to let go of your stresses and worries. No matter what happens during the day, as early in the evening as you can, put all your burdens down. Don't carry them through the night and into the next day with you. If you still feel the weight of yesterday's stress, it's a strong sign that it's time to put the glass down.



INNOVATIVE PATHSHAALA WORKSHOP

he innovative paathshala workshop was organised by CBSE, Headquaters, New Delhi attended by Ms. Anju Mehendirata and Ms. Jyoti Dubey (BBPSMV).

Innovative Pathshaala workshop was based on a series of innovative tools applicable for multi grade and inclusive classrooms. The workshop aims to help teachers as an everyday classroom companion for achieving better learning outcomes. It suggested the ways that can be adopted to inculcate deeper human values and nurture happy, confident human beings. The crux of the workshop provided ways to reduce the learning gap, create enquiry led self learning environment, improve student enrolment with the concept of "SUPER MOM" award to those moms whose children had full attendance for an year.



Scientists Describe 'Super-Weird' Whale: First Confirmed Beluga - Narwhal Hybrid



mysterious whale skull came from the first and only known hybrid of a beluga and a narwhal, a new study finds.

An Inuit hunter caught three unusual whales off the coast of western Greenland in the mid-1980s, donating the skull from one of his prey to the Natural History Museum of Denmark in 1990. Only two toothed whale species are found in arctic waters year-round -- the white beluga whale, and the narwhal. The latter is best known for the long tusks sported by its males, and rarely females that resemble unicorn horns. Oddly, the whales the hunter caught had pectoral flippers like those of belugas but a tail shaped like that of a narwhal.

In addition, whereas belugas have up to 40 blunt peg-like teeth in both jaws and narwhals have no teeth in their lower jaws, the skull the hunter donated had pointed teeth on its lower jaw. "The skull just looks super-weird," said study senior author Eline Lorenzen, an evolutionary biologist at the University of Copenhagen in Denmark.

The scientists compared DNA from the skull's teeth with that from eight live belugas and eight live narwhals from the same area in western Greenland where the skull was found. Their analysis suggested the specimen was 54 percent beluga and 46 percent narwhal.

By investigating the chromosomes detected in the specimen, the scientists deduced it was male. The DNA of the mitochondria, which are inherited solely from females, suggested the hybrid's mother was a narwhal.

Prior work discovered hybridization is not uncommon between whale species, and researchers have previously spotted belugas among pods of narwhals and vice versa. Moreover, both species are 3.5 to 5.5 meters long, and mate in the spring as the sea ice breaks up and they migrate toward their summering grounds.

Oddly, the hybrid possessed a skull larger than either a beluga's or narwhal's. Gigantism is not unusual in hybrids such as ligers -- hybrids of a male lion and female tiger -- "perhaps because of how genes turn off when two different species hybridize," Lorenzen said.

As climate change reduces arctic sea ice, belugas and narwhals may come in contact more often, and so more interbreeding might occur, Lorenzen said. The researchers are now examining dozens of beluga and narwhal bones up to 50,000 years in age to find any prior traces of interbreeding. "It would surprise me if the only hybrid between belugas and narwhals happened to end up in a natural history museum," Lorenzen said. "There must be more."

APPLICATIONS OF ARTIFICIAL INTELLIGENCE



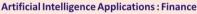
Artificial intelligence (AI) is the simulation of human intelligence processes by machines, especially computer systems. These processes include learning, reasoning and self-correction. Particular applications of AI include:

Artificial Intelligence Applications: Marketing

When we search for an item on any e-commerce store, we get all possible results related to the item. With the growing advancement in AI, in the near future, it may be possible for consumers on the web to buy products by snapping a photo of it. Companies like CamFind and their competitors are experimenting this already.

Artificial Intelligence Applications: Banking

Al in banking is growing faster than you thought! A lot of banks have already adopted Al-based systems to provide customer support, detect anomalies and credit card frauds. An example of this is HDFC Bank. HDFC Bank has developed an Al-based chatbot called *EVA* (Electronic Virtual Assistant), By tracing card usage and endpoint access, security specialists are more effectively preventing fraud.



Ventures have been relying on computers and data scientists to determine future patterns in the market. Trading mainly depends on the ability to predict the future accurately. Machines are great at this because they can crunch a huge amount of data in a short span. Machines can also learn to observe patterns in past data and predict how these patterns might repeat in the future. In the age of ultra-high-frequency trading, financial organizations are turning to AI to improve their stock trading performance and boost profit.

Artificial Intelligence Applications : Agriculture

Organizations are using automation and robotics to help farmers find more efficient ways to protect their crops from weeds. Blue River Technology has developed a robot called See & Spray which uses computer vision technologies like *object detection* to monitor and precisely spray weedicide on cotton plants. Precision spraying can help prevent herbicide resistance.

Artificial Intelligence Applications : Health Care

When it comes to saving our lives, a lot of organizations and medical care centers are relying on Al. There are many examples of how Al in healthcare has helped patients all over the world. An organization called Cambio Health Care developed a clinical decision support system for stroke prevention that can give the physician a warning when there's a patient at risk of having a heart stroke.

Artificial Intelligence Applications: Artificial Creativity

An Al-based system called MuseNet can now compose classical music that echoes the classical legends, Bach and Mozart. Another creative product of Artificial Intelligence is a content automation tool called Wordsmith. Wordsmith is a natural language generation platform that can transform your data into insightful narratives.

Artificial Intelligence Applications: Space Exploration

After rigorous research, astronomers used Artificial Intelligence to sift through years of data obtained by the Kepler telescope in order to identify a distant eight-planet solar system. Artificial Intelligence is also being used for NASA's next rover mission to Mars, the Mars 2020 Rover.















Octobe

TODDLERS' ZONE

SAY NO TO SINGLE USE PLASTIC-INDIA CELEBRATING 150th BIRTH ANNIVERSARY OF MAHATMA GANDHI

Prime Minister Shri Narendra Modi has started a mass campaign to ban single- use plastic and involve maximum people's participation in transportation of collected waste, segregation and recycle/disposal of the waste all over the country to save the environment for future generations as India celebrates the 150th birth anniversary of Mahatma Gandhi.



The campaign has been launched to ban six plastic items, including plastic bags, cups, plates, small bottles, straws and certain types of sachets from 2nd October 2019, the 150th birth anniversary of Mahatma Gandhi. The government departments, the Parliament and Indian Railways have already stopped the usage of single use plastic.

Single use plastic, or disposable plastic, is used only once before it is thrown away or recycled. Plastic is not biodegradable. Most of the plastics end up in landfills, oceans and environment thereby contaminating our soil and water. The World Economic Forum has reported that each year, about eight million tons of plastic waste enter our oceans and about more than 150 million tons of plastic, mostly non-degradable, is floating in our oceans. Marine organisms, such as fishes, seals, turtles, and birds, qet caught in the plastic debris and die due to suffocation or drowning.



COMMEMORATIVE COIN OF RUPEES 550 TO MARK THE 550™ BIRTH ANNIVERSARY OF SHRI GURU NANAK DEV JI

The Indian government will issue a commemorative coin of Rs550 to mark the 550 th birth anniversary of Shri Guru Nanak Dev Ji, the founder of Sikhism and the first of the ten Sikhigurus. Coin's one side will have the picture of Gurdwara Shri Ber Sahib in Punjab's Sultanpur Lodhi, with the inscription "550" Prakash Utsav of Shri Guru Nanak Dev Ji" in Hindi and English.



United Nations Educational, Scientiific, and Cultural Organization has decided to translate and publish a collection of poetry writings of Shri Guru Nanak Dev Ji in world languages to commemorate the 550th birth anniversary of Shri Guru Nanak Dev Ji. Also, the National Book Trust (NBT) will publish Gurubani in different Indian languages.

The government of India is also holding a series of events in November 2019 to mark the 550th birth anniversary of Shri Guru Nanak Dev Ji to promote his teachings. Construction of Kartarpur Sahib Corridor will lead pilgrims from the Dera Baba Nanak Sahib Gurdwara in Gurdaspur, Punjab straight to the Kartarpur Sahib Gurdwara in Pakistan (a place where Shri Guru Nanak Dev Ji spent more than 18 years and died on 22th September, 1539). The historic town of Sultanpur Lodhi (a place where Shri Guru Nanak Dev Ji had spent 14 years of life) is being developed as a heritage town in a smart city pattern.

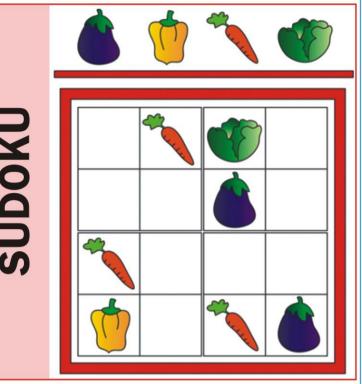
GAGANYAAN PROJECT : ISRO AIMS INDIA'S FIRST THREE MEMBER CREW TO SPACE

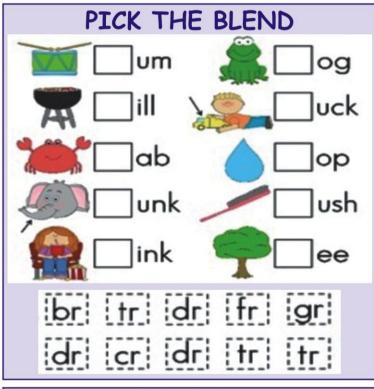
INDIAN SPACE RESEARCH ORGANISATION'S (ISRO) GAGANYAAN project aims to send a three-member crew to space for at least seven days in an Indian manufactured rocket by December 2021. ISRO has planned India's first unmanned mission of space plane by December 2020 and the second unmanned spaceplane by July 2021. ISRO has expressed gratitude to all the Indians in the country and abroad who wholeheartedly praised and appreciated ISRO and its scientists for the achievement despite lender Vikram (with rover pragyan placed inside it) losing communication with ground stations during its final soft landing, on 7" September 2019. Lander Vikram lost communication with ground stations during its final soft landing, just 2.1 km above the

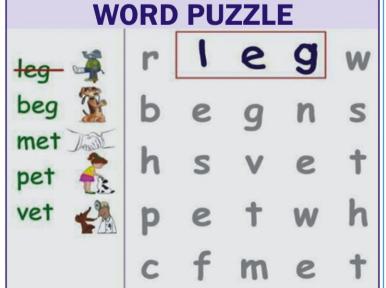
Moon's surface on 7th September 2019. The lander had hit the Moon's surface at a greater speed than needed for a soft landing. The Orbiator of Chandrayaan-2, equipped with various space instruments to study the Moon is still going around the Moon at a

The **Orbiator** of **Chandrayaan-2**, equipped with various space instruments to study the **Moon**, is **still going around the Moon** at a distance of about **100** km, taking pictures and gathering surface information and sending them back to the earth. **ISRO** stated that 90 to 95% of the Chandrayaan-2 mission objectives have been achieved inspite of the loss of communication with **Lander Vikram**.









SPECIAL ASSEMBLY ON WORLD FOOD DAY

"Today's wastage is tomorrow's shortage"











SMART GADGETS

E-WRITER

A lifetime writing board for young generation. It surface has pressure sensitive technology create content based on hard you push. Erasing your complete page with single button. It is completely safe for school use and all around the house, office and car. It comes with replaceable battery with long hour of working time. A ultrathin tablet with lock and unlock feature.

ROCKETBOOK EVERLAST

A everlasting notebook for teachers and students to save paper. It comes in a size of (6" X 8.8") and has 36 reusable pages that can be clean with cloth. Scan QR code of each page to receive the content digitally in Rocketbook app. It can work with any pen, marker or highlighter. It comesfrixion pen 0.7 Black.



n 21st October 2019, the World Food Day was celebrated by class VIIth students to promote awareness and action for those who suffer from hunger and for the need to ensure food security and nutritious diets for all. The focus of the day was that food is a basic and fundamental human right, vet. in a world of billions, many people suffer from undernourishment.

The assembly started with the entry of 'Monster of hunger' who appealed everyone not to waste food. It was followed by a beautiful self-composed poem by Yashasvi Awasthi where she told about the life of the people who are unable to get food. Through her poem, she confidently conveyed the message of saving food and reducing the wastage.

A Nukkad Natak was also staged depicting the importance of balanced food was also presented. The students were lauded for leaving an indelible mark on the minds of the audience through their flawless performance.

The assembly conveyed a very strong message to the students of making them realize that we are blessed to enjoy three meals every day, so, we should thank God and minimize wastage. The children were encouraged to fight against hunger for a better tomorrow for evervone.







Good Reads

EAT THAT FROG

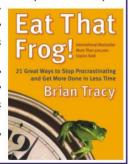
Age Group: 13+

Eat That Frog is a compilation of ideas and techniques from many influencers in the time management and personal productivity industry. The idea behind it is that each morning if you complete a task that you will most likely procrastinate on, you go about your day knowing you've done it and the rest of your day will be easy in

comparison. According to the book, the best way to start your day is to prioritize your work. There is not a lot of theory and the book's focus is on implementation.

There are 21 chapters and each chapter introduces a different idea, tip, or technique that helps us to overcome delaying work and get more things done.

So grab a copy today and lead a better planned life!



Dear Reader,

Delhi is suffering because of human carelessness, it has turned difficult to breathe Delhi air. All responsibility lies on our shoulders to save us and future generations. Grow more trees and don't be a contributor to Delhi pollution. Alongside keep writing to us and send in your entries together theschoolconnect@bbpsmv.com latest by 28 November. Stay safe... Breathe safe.